

TREATMENT MENU

JULIETTE ARMAND

Everyday Skin-Care Therapy 60min R470

A personalized therapy including a treatment serum to achieve maximum efficiency.

Advanced Skincare Therapy 75min R650

Taking steps beyond the definitions of ageing, sensitive, dry, and oily skin. This advanced facial treatment using innovative ingredients to achieve maximum results and instant glow.

"Whitening" Therapy 60min R600

A specialized skin therapy targeting concerns such as hyper pigmentation due to hormonal influences, photo-damage and aging. This therapy will help brighten your skin leaving you with a radiant glow and a more uniform skin tone.

AHA Therapy 60min R390

Institute treatment for intense revitalization, exfoliation, hydration, firming, and regeneration. The combination of AHAs and multi-action active ingredients gives this treatment a broad and highly effective result. The treatment intensity will be customized according to your skin needs.

CAVIAR FACIAL 60min R550

The absolute anti-ageing and firming treatment with salmo ovum caviar omega 3 & 6 fatty acids.

TEENS FACIAL 45min R270

Treatment especially for the youthful skin boys/girls Cleanse, Exfoliate, Extractions, Tone and Moisturizer

ESSE - ORGANIC SKINCARE

HYDRATING FACIAL 60min R380

This treatment is formulated for dry skin in need of extra hydration

DETOX FACIAL 60min R380

Purifying and stabilizing treatment, suitable for all skin types requiring deep cleansing

ANTI-AGING FACIAL 90min R440

MENS FACIAL 45min R350

Classic cleansing facial for men. (Add on Grooming for R60)

MAMA MIO (fit skin for life)

Mama Mio Gorgeous Glow 60min R600

A brightening and oxygenating facial especially for smokers skin, congestion, brides and breakouts. Deep cleansing and exfoliation is followed by a mind-melting facial massage.

Mio - Lucky legs 30min R350

(For tired, swollen feet & legs)

A mineral-rich foot soak, exfoliation and massage for lower legs and feet. Helps with water retention, instantly lightens puffy legs • increases micro-circulation to relieve that tight feeling

Mama Mio 60min R570

Pregnancy Massage

A complete relaxing full body massage using our safe but effective pre-natal techniques and our award winning Omega rich oils to relax the lower back muscles.

Gorgeous Glow 90min R700

Top to Toe

Enjoy a complete top to toe experience with the new Gorgeous Glow facial – deep cleansing, exfoliating and rebalancing massage. The ultimate all- in- one treatment for the body and the face.

MIO (fit skin for life)

Workout Wonder™ 60min R630

This Massage is an energy shot for your muscles, ideal before and after any exercise to pre-talk your muscles, increase circulation, ease aches and inflammation and help speed up recovery. Smells amazing too!

Upper Body and Arm 45min R450

(contouring massage)

Seeing is believing with this amazing décolleté, bust, back and upper arms treatment that will dramatically increase circulation, plump up tired skin, visibly reducing sag and arm wobble.

Shrink to fit 60min R600

(cellulite smoothing massage)

Deep tissue and lymphatic Mio massage to lift, tighten and tone your hips and thighs, reducing saddle bags and dimpling. Powerful actives stimulate circulation, removing toxins, tightening up spongy skin, leaving smooth, firm, fitter looking legs and a perter, tighter butt.

MIO SCRUB, RUB & GLOW 60min R560

Get wickedly soft skin and a mind melting massage in one heavenly treatment. Our gentle yet super effective hydrating body buff will transform rough, dull skin into silky, touchable, healthy, fit skin, followed by a soothing massage to increase circulation, ease tension and remind you how to relax.

MASSAGE THERAPY

Back & Neck 30min R275

Swedish Full Body 60min R550

Aromatherapy Full Body 60min R520

Indian Head Massage 45min R275

Reflexology 60min R340

Course of 10 sessions R3100

Reflexology is the manipulation of the nerve endings in the feet connected to different areas and organs of the body – very good for healing from the inside.

SIX Sensational Skincare

SIX Velocity Skincare Treatment 30min R250

A mini facial cleansing, toning, exfoliation and a signature facial massage.

SIX Heavenly Journey Treatment 40min R290

A mini facial WITH a choice of the following: 10min Indian Head Massage OR 10min Back Massage OR 10 min Foot Ritual.

SIX Timeless Skincare Treatment 60min R390

A classic facial that will provide you with a unique sensorial experience. It restores the natural luminosity to your complexion and revitalises tired, dull skin.

SIX Sensational Skincare Treatment 90min R450

For ultimate relaxation and pampering experience this 90min treatment combines a facial with a hot oil back massage and herbal compress treatment with a rejuvenating, revitalising facial that includes a double exfoliation, hand treatment and a heavenly signature facial massage.

SIX Eyes like diamonds 30min R150

An eye enhancing treatment that includes a gentle exfoliation around the eye area following with an eye mask.

Add on to your SIX treatments:

Alginate mask R180

BODY & FACIAL GROOMING

Bikini wax	R110
Brazilian wax	R190
Hollywood wax	R220
Half leg wax	R160
Full leg wax	R210
Back/Chest wax	R160+
Underarm	R 75
Lip/Chin wax	R 65
Eyebrow wax	R 65
Nose/Ear wax	R 40
Eyelash tint	R 70
Eyebrow tint	R 50
Combo – Eyelash Tint + Brow Tint + Brow wax	R140
Combo – Lip, Chin & Eyebrow wax	R160

MAKE UP

Consultation	R150
Special Occasion (Prices on request)	-

HANDS & FEET

File & Polish	30min	R150
Classic Manicure	45min	R220
Luxury Manicure	60min	R250
Classic Pedicure	45min	R250
Add on: Foot Peel (incl foot mask retail product)		R240
Luxury Pedicure	60min	R340
French Varnish add-on	15min	R 25
Men's Manicure	45min	R220
Men's Pedicure	45min	R275
Teens – File & Polish	20min	R120
Teens – Mani/Pedi	45min	R200

BIO SCULPTURE TREATMENTS

Express Gel Manicure	60min	R300
Express Gel Pedicure	60min	R300
Gel Overlay Feet	60min	R250
Gel Overlay Hands	60min	R250
Gel Removal	30min	R130
Lavender Base Treatment	30min	R170

PENSIONERS DAY : MONDAYS & THURSDAYS

MAGIC MONDAY	R570
Manicure/Pedicure/Facial-Combo	
Manicure	R140
Pedicure	R160
Facial	R290
Less 5% on any other treatments	



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